

BSA Lifeguard CPR/AED & First Aid Equivalencies

As of February 2024

Requirement 6 for BSA Lifeguard states: *Show evidence of current training in American Red Cross First Aid and American Red Cross CPR/AED for the Professional Rescuer or equivalent.*

American Red Cross First Aid and American Red Cross CPR/AED for the Professional Rescuer or Health Care Worker is the preferred training curriculum; however, where necessary an equivalent training may be used. An equivalent training must be based on requirements set forth in the [Model Aquatic Health Code](#).

From the Model Aquatic Health Code – Lifeguard Training: First Aid training shall include basic treatment of bleeding, shock, sudden illness, and muscular/skeletal injuries. CPR/AED, AED use, CPR with 1 or 2 rescuers, BVM (adult & pediatric) use (1 and 2 rescuer, adult, child and infant victim) and other resuscitation skills shall be professional level skills that follow treatment protocols consistent with the current ECC and/or; the ILCOR guidelines for cardiac compressions; foreign body restriction removal; and rescue breathing for infants, children, and adults. *In addition, the Boy Scouts of America will not accept online-only curriculum.*

The following courses are accepted as equivalents. Please email outdoorprograms@scouting.org if you have any questions regarding a potential equivalent course or any changes that have occurred since this list was populated.

Provider	First Aid	CPR/AED
American Heart Association	<ul style="list-style-type: none"> • Heartsaver First Aid 	<ul style="list-style-type: none"> • BLS Instructor • BLS Provider (Course title - Basic Life Support)
American Lifeguard Association	<ul style="list-style-type: none"> • Community First Aid – Instructor led 	<ul style="list-style-type: none"> • CPR/AED for the Professional Rescuer - Instructor Led
American Aquatics and Safety Training	<ul style="list-style-type: none"> • Advanced First Aid 	<ul style="list-style-type: none"> • CPR/AED for BLS Providers • CPR/AED for the Professionals • CPR/AED for Lifeguards • CPR/AED, Advanced First Aid
American Red Cross	<ul style="list-style-type: none"> • First Aid 	<ul style="list-style-type: none"> • CPR/AED for Professional Rescuer or Health Care Worker • Basic Life Support
American Safety & Health Institute	<ul style="list-style-type: none"> • Basic First Aid 	<ul style="list-style-type: none"> • Basic Life Support: BLS for Healthcare Providers and Professional Rescuers
Ellis & Associates	<ul style="list-style-type: none"> • Standard First Aid 	<ul style="list-style-type: none"> • Health Care Provider BLS (CPR & AED)
Emergency Care and Safety Institute	<ul style="list-style-type: none"> • Standard First Aid 	<ul style="list-style-type: none"> • Health Care Provider CPR & AED
EMS Safety Services, Inc. (EMS Safety)	<ul style="list-style-type: none"> • First Aid (course title – First Aid) 	<ul style="list-style-type: none"> • BLS for Healthcare Providers - Certification must indicate that Adult, Child, and Infant CPR were taught
National Safety Council	<ul style="list-style-type: none"> • First Aid (course title – First Aid) 	<ul style="list-style-type: none"> • Basic Life Support for Healthcare & Professional Rescuers