

Interest Topic: Planning Safely

| Cub Scout Roundtable | | | |
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| Time Allotted | Activity | Assigned to | Content |
| 30–40 minutes | General session for all participants | Cub Scout roundtable team and participants | <p>Discuss the BSA Safety Moments—online resources that provide help in preparing an activity, reviewing safety measures, and reporting incidents correctly.</p> <p>Using information shared on Scouting.org or in the YouTube video, “Using a Safety Moment in Scouting Activities,” present the BSA Safety Moment on Family Camping. Provide copies of the downloadable fact sheet to all participants (see Resource section for link).</p> <p>Review the Sweet Sixteen of BSA Safety, Safety PAUSE, and safety checklists (see Resources section for links).</p> |
| 10 minutes | Q&A | Cub Scout roundtable team and participants | Opportunity to answer any additional questions |
| 5 minutes | Closing | Cub Scout roundtable team or participants | Present the “Be Prepared” closing (see Resources) |

Takeaway: In Cub Scouting, we need to protect our youth and our volunteer leaders by planning safely. Learn about BSA Safety Moments, how to present them, and how to incorporate them into meetings. Also learn how the Sweet Sixteen of BSA Safety, Safety PAUSE, and safety checklists can help in planning safely.

GENERAL SESSION

Proper planning for all Scouting activities is important. Planning safely will help ensure a fun, exciting, and safe activity for everyone participating.

The BSA has a series entitled Safety Moments, which allows leaders to choose a topic and learn about it. A different Safety Moment topic can be shared each month using a pack newsletter, social media, and/or a hands-on activity at a pack meeting or pack committee meeting. Topics in the series include incident reporting helps, safe use of medication in Scouting, weather-related safety, winter activity, and winter sports.

Notes to Presenter

Using the information shared in the YouTube video “Using a Safety Moment in Scouting Activities” (see links in Resources), present the BSA Safety Moment on Family Camping and give a copy of the Family Camping Safety Moment fact sheet to each participant. Also review the Sweet Sixteen of BSA Safety, Safety PAUSE, and safety checklists (see links above), and give copies of each resource to all participants.

Ask a volunteer to share with the group an upcoming camping event or outdoor activity. Depending on the size of your group, you may:

- Have the volunteer tell about his or her event and then use the Sweet Sixteen of BSA Safety to review and see if they considered safety or planned safely when planning their event; or
- Have members of the group raise their hands each time they hear something from the Sweet Sixteen of BSA Safety while listening to the volunteer tell about the activity.

In closing, remind the leaders that there are many resources and tools available to them to make a plan. Being attentive to safety concerns when planning their activities will ensure fun and safety for those attending.

RESOURCES

- Sweet Sixteen
<https://www.scouting.org/health-and-safety/gss/sweet16/>
- Safety Moments
<https://www.scouting.org/health-and-safety/safety-moments/>
- Safety Pause
<https://www.youtube.com/watch?v=kI9VTXA91DY>
- Guide to Safe Scouting
<https://www.scouting.org/health-and-safety/gss/>

- Checklists
 - [Event Safety Checklist, www.scouting.org/filestore/HealthSafety/pdf/event_checklist.pdf](http://www.scouting.org/filestore/HealthSafety/pdf/event_checklist.pdf)
 - [Campout Safety Checklist, www.scouting.org/filestore/CampoutSafety/pdf/campout_safety_checklist.pdf](http://www.scouting.org/filestore/CampoutSafety/pdf/campout_safety_checklist.pdf)
- Health and Safety newsletters
 - <https://www.scouting.org/health-and-safety/hs-newsletter/>
- Age–Appropriate Guidelines for Scouting Activities
 - <https://filestore.scouting.org/filestore/HealthSafety/pdf/680-685.pdf>

Tips for Pack Activity

Using a BSA Safety Moment in Scouting Activities

What do nuclear power plants, construction sites, aircraft carriers, and many hospitals have in common with Scouting? All constantly look for ways to eliminate hazards that could be life-altering or fatal. One tool used by many safety-conscious groups is the safety moment or safety briefing that starts each meeting or activity with a pause to discuss a hazard or risk that can be prevented. The safety moment focuses the attention of the group on safety and how to achieve it.

Who can deliver a safety moment? Anyone who is willing to be prepared and to step up. Ideally, each Scout or Scouter (with some preparation) could step up and make a difference within his or her unit or group.

When and where should a safety briefing be delivered? At the beginning of a meeting or just before an activity—especially one that has some risk such as shooting, climbing, or aquatic activities.

What makes a great safety moment? Almost anything that focuses or educates the audience on a safety topic. The BSA publishes several safety moments, and new topics are being developed on a regular basis. Other topics can include the use of checklists or safety tools such as PAUSE or focus on something such as hydration, safe driving, or simply the location of fire extinguishers or evacuation routes. The *Guide to Safe Scouting*, the Scouting Safely website, and the Health and Safety newsletters are also great sources of ideas. If you have information that's accurate, don't shy away from discussing injuries or other incidents that occurred during a recent outing as long as the focus is on learning and prevention. Make it simple and easy to understand, and help the learners know how to apply the message.

How should the message be delivered? All messages should be delivered using facts and simple language and should be appropriate to the audience. Using a handout, slides, or a demonstration will help assure that those who hear the message understand it and know how to apply it. The message should be delivered in just a few minutes. Don't belabor the point or make it difficult.

Closing: Be Prepared

One Cub Scout walks to center of the stage, stands to attention, salutes, and says, "BE PREPARED." This is repeated by three other Cub Scouts. When they are all standing side by side, a loud motor horn or explosion is let off behind the audience. The Scouts then all say, "We told you to be prepared!"