





## Barbara Sinatra Children's Center FOUNDATION

## **TIGER 'PROTECT YOURSELF RULES' ADVENTURE**

## **Complete each of the following:**

- 1. Watch the Protect Yourself video lessons for this adventure.
- 2. Identify the difference between a safe touch and an unsafe touch.
- 3. With your adult partner, make a list of five trusted adults.
- 4. With your adult partner, practice Shout, Run, and Tell.