The Philmont Cub Scout Roundtable Supplements

December 2017 A Scout is Helpful Theme: Jobs, Jobs, Jobs



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> January Pack Meeting A Scout is Helpful Theme: Jobs, Jobs, Jobs

♦ Gathering

Have a stroll around the midway. Give all Scouters an opportunity to get information and sign up for events and trainings.

Opening Ceremony

The flag ceremony is led by preassigned Scouters. They will present the colors and lead the pack in the Pledge of Allegiance.

Salute to the Working Men and Women

Preassigned Scouters perform the "Salute to the Working Men and Women" opening skit. Have this den make posters with pictures of people working in the various professions.

- Cub Scout 1: "Let's say thanks to the moms and dads"
- Cub Scout 2: "Who work all night and day."
- Cub Scout 3: "They work to keep our tummies full"
- Cub Scout 4: "And make places to sleep and play."
- Cub Scout 5: "The doctor looks in ears and throats."
- Cub Scout 6: "The dentist checks our mouth."
- Cub Scout 7: "The grocer sells us food to eat."
- Cub Scout 8: "The bus driver knows north from south."
- Cub Scout 1: "The teacher shows us how to read."
- Cub Scout 2: "The builder hammers nails."
- Cub Scout 3: "The farmer grows our food from seed."
- Cub Scout 4: "The custodian carries pails."
- Cub Scout 5: "So thank you, all you moms and dads,"
- Cub Scout 6: "For showing what work is about."
- Cub Scout 7: "And thank you, too, for making sure that"
- Cub Scout 8: "We can be CUB SCOUTS!"

Opening Prayer

Allow us to give of ourselves to serve others with a joyful heart; Never keeping score; Always giving; Never expecting to receive; Always cheerful and helpful.

◆ Welcome and Introductions

The Roundtable Commissioner or Assistant Roundtable Commissioner - New Member Coordinator welcomes new Scouters, visitors, and special guests by introducing them to the district. If you aren't sure what a New Member Coordinator is, check out : http://scoutingwire.org/marketing-and-membership-hub/new-unit-development/commissioners/

♦ Big Rock Topic

See the Boy Scout Roundtable Commissioner Planning Guide for a list of Big Rock Topics that both the Cub Scout and Boy Scout Roundtable Commissioners choose to do jointly to help serve the units in your district.

Applauses and Cheers!

Icicle Applause: Have the group stand, hold arms straight out and dangle wrists, fingers relaxed and say: "DRIP, DRIP, DRIP."

Frozen Cub (Scout) Applause: Wrap your hands around yourself and say, "Brrrrr!" Campbell's Soup Cheer: "Mmmmm, mmmm, good!"

Can of Applause: Cheer and applaud as cover is removed from a can and become quiet as the lid is replaced.

Big Hand Cheer: Raise a hand, making sure it is open high above your head.

USA/BSA Cheer: Divide the audience into two groups. One group yells, "USA!" The other group yells, "BSA!" Repeat three times. Then both groups yell together, "That's us!"

Run-On's

Cub 1: Hey, do you know how to bake a video game pie?

Cub 2: How?

Cub 1: Use Nintendough!

Cub One: What is the best way to make fire with two sticks? Cub Two: Make sure one of the sticks is a match!

Cub Scout Interest Topic

- Blue and Gold Banquet
 - The purpose of the Blue and Gold banquet is to commemorate the organization of The Boy Scouts of America, founded February 8, 1910, and to celebrate the birthday of Lord Baden-Powell, the founder of the Boy Scouts organization. The banquet is traditionally held as the February pack meeting because Robert Baden-Powell was born February 22, 1857. Cub Scouts began in 1930.
 - The "Blue and Gold" is the name of the banquet because those are the official colors of the Cub Scout organization. Blue represents truth and loyalty, and gold represents good cheer.
 - Include the Cub Scouts in the preparation of the invitations, decorations, and program by using time in den meetings to make various items. The boys will have fun and will have a greater interest in attending the banquet with their families.
 - The pack celebrates BSA's anniversary and the pack "thanking pack leaders, parents, the chartered organization leaders, and other adults who have helped the leaders, Scouts and parents." BSA website
 - Discuss the agenda of a sample Blue and Gold banquet
 - Displays show crafts, photographs and skills the Scouts have learned.
 - Opening Ceremony, including the flag ceremony.
 - Invocation
 - Dinner. Keep costs reasonable. Serve food liked by most families. Serve as quickly as possible.
 - Welcome and Instructions. Cubmaster or Committee Chair. Keep it brief.
 - Greeting from chartered organization representative.

- Entertainment. Skits, games, activity, singing, skills, run-ons, slide show, etc.
- Review of the Year.
- Awards for boys, leaders, parents, other adults.
- Announcements and Thanks.
- Closing Ceremony. Clean up.

Audience Participation

Song

I've Been Working Helping Others Tune: "I've Been Working on the Railroad" I've been working helping others All the livelong day, I've been working helping others; It's the best part of the day.

This work makes me very happy. Makes others feel good, too. It's all part of being helpful, And that's what Cub Scouts do.

Everyone can help. Everyone can help. Oh, everyone can help, that's tru-u-ue. You and you and you (point around group), Everyone can help. Oh, everyone can help—that's true!

♦ STEM Minute

Cub Scouts Mnemonic Devices STEM A mnemonic device is a technique a person can use to help them learn and remember something, such as a list. It helps your brain encode and remember important information by associating it with something meaningful. Mnemonic is pronounced with the "M" silent.

The Cub Scouts can learn the number of days in the months in a kinesthetic (physical) way using their fists.

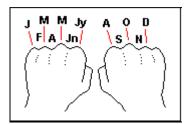
Examples of Mnemonics:

1. The names of the planets: My Very Excellent Mother Just Served Us Nine Pizzas. This sentence uses the first letter of each planet. Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, Neptune, Pluto * (Pluto is a dwarf planet in the Kuiper belt)

2.. The difference between stalaGtites and stalaCtites. stalaGtites = on the ground, stalaCtitles = on the ceiling. Or you can remember stalactites hold tight to the ceiling.

3. Treble clef notes: Every Good Boy Deserves Fudge; E G B D F

4. The number of days in each month in a poem or using your fists:



30 days hath September, April, June and November February has 28 alone All the rest have 31 Except in leap year, That's the time When February's days are 29.

The Cub Scouts like using their fists to remember the days of the months in a kinesthetic (physical) way. Label in your mind the knuckles and the spaces between them, from left to right. Use the names of the months in order. All knuckle months have 31 days. The space between your knuckles have 30 days, except February, which has 29 or 28 in leap years. From left to right beginning with the left fist. First knuckle is 31 days= January, space between knuckles 30 days or 28 for February, next knuckle 31 days= March and so on to the right fist.

STEM Talk

Mnemonic devices use elaborative encoding, retrieval cues, and imagery as tools to encode any information in a way that allows for efficient storage and retrieval in the brain. Mnemonics help original information in becoming associated with something more meaningful, which allows the brain to have better retention of the information. Mnemonics are often used for lists and can be used for other types of information in visual or kinesthetic ways.

Cub Scout Leader Breakouts

- Lion Breakout
 - 2017-18 Lion Program Changes

 (https://blog.scoutingmagazine.org/2017/08/14/bsas-lion-pilot-program-forkindergarteners-is-off-to-a-roaringstart/?utm_content=buffer59535&utm_medium=social&utm_source=facebook.co m&utm_campaign=buffer)
 - Lion Requirement
 - I'll do it Myself Elective Adventure
 - Discuss Activity 1 on how to make a Lion Scout Bag. Bring an example of a "completed" bag to show what one could look like.
 - Remind leaders that the Adult Partners should use the hot glue gun to add the decorations to the bag. (Hot and Cold glue guns will still burn skin)
 - Have a couple of extra bags (at least one per boy) for an oops or being frustrated about "not looking right"
 - Remind the Adults to make sure to tell their Lions that they are doing their best and that it looks great!

- Use the Adventure Book to see the workbook sheet on this Adventure. Come up with one or two other options if the youth don't like what they see.
- Go over the Outing options for meeting #2 plans.
- Tiger Breakout
 - Requirement Modifications
 - The Cub Scout Handbook underwent modifications in 2016, Please make sure that each den leader is aware of this and hand out a copy of this link or offer a copy for the den leaders. Never assume that a leader knows of this change.
 - http://www.scouting.org/filestore/cubscouts/pdf/Tiger_Addendum.pdf
 - Tiger Requirement

• Tiger Bites - Required Adventure

- Requirement #1 Discuss good food choices and not-so-good food choices. Make a list with the leaders.
- Requirement #2 Talks about washing your hands and cleaning up after a meal.
 - Brainstorm reasons why we clean up after a meal vs. just leaving it out.
 - Play a hand washing/ germ game. You can use a variety of items to make the game work. Using glitter as germs works or you can go high tech and use Germ Glo (it comes in a powder or a lotion) and a UV light to "see" where the germs went.
 - Have one Scout be "it" and have the germs on their hands.
 - To make this fun, the leader gives all the Scouts lotion on their hands, one with the glitter or Germ Glo.
 - Have the Scouts make a circle and shake hands with each other
 - At the end have the Scouts look at their hands (or shine the UV light on their hands) to see who has the germs now.
 - Talk about how germs spread and why we have to wash our hands after going to the bathroom, blowing our nose, sneezing, and before and after we eat (we don't want germs to take the interstate to our bodies to our stomach).
- Discuss which 2 other requirements sound good to the leaders and why they sound fun.

Wolf Breakout

- Requirement Modifications
 - The Cub Scout Handbook underwent modifications in 2016. Please make sure that each den leader is aware of this. Hand out a copy of this link or offer a copy of modifications for the den leaders. Never assume that a leader knows of this change.
 - The link is found at : <u>http://www.scouting.org/filestore/cubscouts/pdf/Wolf_Addendum.pdf</u>
- Wolf Requirement

• Howling at the Moon - Required Adventure

- Discuss Requirement 1. Make a list of different ways to communicate.
- Requirement 2. Discuss creating an original skit. Remember to involve all members of the den in a skit.
- Requirement 3. Prepare and rehearse a campfire program to present at a den meeting or pack program. Discuss possible parts of a program such as: songs, skits, stories, prayer, and a flag ceremony.
- Requirement 4. Discuss meaningful roles for members of the den in the campfire program.
- Hometown Heroes Elective Adventure
 - Requirement 1. Discuss the qualities of a hero.
 - Requirement 2. Make a list of community agencies where cubs will find heroes.
 - Requirement 4. Complete One of the following:
 - As a den or family honor a serviceman or servicewoman by sending a care package along with a note thanking them for their service.
 - o amillionthanks.org
 - o operationgratitude.com
 - o action.uso.org
 - With your family or den, find out about animals that are trained to help others in your community.
 - Participate in or create an event that celebrates your hometown hero(es).

Bear Breakout

- Requirement Modifications
 - The Cub Scout Handbook underwent modifications in 2016. Please make sure that each den leader is aware of this. Hand out a copy of this link or offer a copy of modifications for the den leaders. Never assume that a leader knows of this change.
 - The link is found at :
 - http://www.scouting.org/filestore/cubscouts/pdf/Bear_Addendum.p df
- Bear Requirement

• Baloo the Builder - Required Adventure

- Discuss the fact that Baloo the Builder is now a required adventure and was formerly an elective one. The boys are must meet all four requirements. Discuss jobs where people build things.
- Discuss Requirement 1: Discover which hand tools are the best ones to have in your toolbox. Learn the rules for using these tools safely. Practice with at least four of these tools before beginning a project. (Remind the leaders that Cub Scouts are not allowed to use power tools. Discuss using safety glasses and availability of a first-aid kit. Discuss use of some tool examples: hammer, screwdriver, brace and bit, hand saw, coping saw, vise or clamp, measuring device, and/or sandpaper. Discuss how building things may be helpful to others.)

- Discuss Requirement 2: Select, plan, and define the materials for the projects you will complete in requirement 3. (Discuss selecting a project, teaching the importance of instructions and planning, and determining the type of wood to use.)
- Discuss Requirement 3: Assemble your materials, and build one useful project and one fun project using wood. (Discuss and perhaps show some examples of projects for consideration of the den leaders, including but not limited to those in the handbook. Review some jobs where things are built.)
- Discuss Requirement 4: Apply a finish to one of your projects. (Discuss different finishes and how to use and clean brushes.)

• Robotics - Elective Adventure

- Discuss the requirements as found at <u>http://www.scouting.org/filestore/cubscouts/pdf/Bear_Addendum.p</u> <u>df</u> (Note that the update requires four requirements be completed, not all six.)
- Discuss jobs which make use of robotics as well as how helpful the robots are in our everyday lives.

Webelos Breakout

- Requirement Modifications
 - **The Cub Scout Handbook underwent modifications in 2016**, please make sure that each den leader is aware of this and hand out a copy of this link or offer a copy for the den leaders. Never assume that a leader knows of this change.
 - The link is found at : <u>http://www.scouting.org/filestore/cubscouts/pdf/WEBELOS_AOL_Addend</u> um.pdf
 - Den Chief
 - A Den Chief is a valuable asset to the Webelos den. He is a Boy Scout who can be a guide and example for the Cubs. Den Chief is a leadership position for a Boy Scout. See the Den Chief Guidebook. Training is available for Den Chiefs. The Den Chief can earn the Den Chief cord award by teaching the Cubs songs, skits, games, etc.
- Webelos Requirement
 - Stronger, Faster, Higher Required Adventure
 - This is a high energy adventure that encourages the Scouts to have fun while doing the exercises.
 - Keep a record of the results.
 - The Scouts enjoy jumping rope. Some of them have never done it before but they learn quickly. Cut a piece of rope about 7 feet long and use it for jumping rope. Then have the Scouts use the same rope for **Outdoorsman** show how to tie a bowline and **Scouting Adventure** whip and fuse the ends of different kinds of rope and tie a square-knot, two half hitches, and a taut-line hitch.

◆ Arrow of Light Breakout

- Requirement Modifications
 - **The Cub Scout Handbook underwent modifications in 2016**, please make sure that each den leader is aware of this and hand out a copy of this link or offer a copy for the den leaders. Never assume that a leader knows of this change.
 - http://www.scouting.org/filestore/cubscouts/pdf/WEBELOS_AOL_Addend um.pdf
- AOL Requirement
 - Outdoorsman and Scouting Adventure Required Adventure
 - See the use of the ropes above in the Webelos section.

Cubmasters Breakout

• Ceremonies

Legendary Advancement Ceremony Santa Clara County Council

- It is well known that Tigers are very powerful. They can leap ten feet in a single bound. Their roar can be heard a mile away. Would the following awesome Tigers and their partners please come forward? These Tigers have explored big ideas and hunted excitement.
- Our legendary Wolves can be heard howling. Wolves are persistent hunters and social animals. Would the following Wolves and their parents please come forward? These wolves have demonstrated their hunting skills by completing the Cub Wolf trail.
- Bears are famous for their might. They are also known for being cuddly. Our Bears are known for their sharp claws and skill at sharpening and taking care of knives. Just as bears in the wild forage for food, these Bears shared their cooking expertise with their den. Would the following Bears please come forward?
- Webelos are mysterious creatures. They are legendary for their energy and enthusiasm for fire building. Our Webelos are no different. They have mastered the requirements for the Webelos badge. Would the following Webelos and their parents please come forward?
- Review the January Pack meeting guide and discuss the upcoming pack meeting found at: http://www.scouting.org/filestore/cubscouts/pdf/2017/310-842(17)
 <u>B42(17)</u> <u>January</u> <u>Helpful.pdf</u> (This would be a great handout to give to each pack.)

Committee Chair Breakout IT'S HALF TIME!!

- The Scouting Year is about half over (Believe it or not!). What is the status of that great Annual Plan your committee and pack leaders put together last summer?? Now is the time to look it over and tweak as necessary (or, if necessary)
- Step 1 is to pull out the Annual Plan you developed last summer. Dust it off and take a long, hard look at it and ask the following questions -

What did you accomplish?

- How did Fall recruiting go? Did you recruit full dens of Lions and Tigers? How about Bears, too? Oh, my. (Sorry for the Wizard of Oz chant)
- **Do you have medical forms on all the Cub Scouts?** Does someone know who has allergies?? Requires medication??
- Are your leaders qualified to wear the Trained patch? Did all the new leaders complete all the required trainings? Did the returning leaders update their training e.g. Did last year's Bear Den Leader take the Webelos leader Position Specific?? Did the Committee complete their training? How about you Chartered Organization Rep? Do you have a goal to have some leaders take Wood Badge?
- Did all the new Cubs earn their Bobcat badge yet??
- **How is advancement going?** Are dens on track to have Cubs complete their rank badges before summer (Blue & Gold, May, Little league season whatever your pack goal is)?
- **Do you have an active Advancement Chair??** Does the Advancement Chair know how to use Internet Advancement?? Are your records up to date??
- Did the Popcorn sale do as well as projected? Did you earn enough money or do you need another fundraiser?
- What is the status of the Treasury?? Are you staying within the budget you set at the Annual Pack Planning meeting?? Can you afford all the boys' awards? How are you paying the increased registration fee from National Council? Do you owe reimbursements to the Den Leaders?
- What were the Stop-Start-Continues from the Fall camping trip? Do you want to go there again next year? Did most families participate?
- Did you hold all the special events you planned? Aquarium trip, zoo trip, firehouse trip, march in a parade, ... whatever you told the parents their sons would be doing.
- Did the newsletter or other periodic communication get published regularly?? Was it issued often as it should have been? Do you have reporters in all the dens who tell the editor when things happen? Is a reboot needed?
- Will (or was?) charter renewal be on time? Who is preparing (or who will coordinate next year's) charter renewal?? Who is preparing (prepared) the Journey to Excellence form? What are your JTE plans for next year??

• Are you ready for the next few months?

- Are all your projected dates still workable? Is the facility available as projected for all your meetings? Has the local baseball team published its schedule so you can set the date for a night at the game? Review all the dates from other organizations (Little League opening day, Easter (it moves around), other church Holy Days, school concerts and plays,
- What is the status of the Blue & Gold Banquet preps?? Who is leading the B&G? What will be your entertainment? Den Skits? Magician? Boy Scouts? What is the theme?? Is there a decorations committee?? Is food Potluck? Catered? Half and half? Birthday cake (Blue & Gold celebrates the birthday of Scouting). Chartered Org reps invited?
- **How about Pinewood Derby??** Who is coordinating the Pinewood Derby? Do you have your cars? Are you holding a clinic to help some families build their cars? What will be your prize system speed and beauty categories
- Any winter events? Hockey or basketball game?? Snow festival?
- What can be done to help advancement in the dens, if needed? Pack events to help? Contacts with local resources (Fire Dept, Police Dept, Local SPCA)

- When is your big Webelos Graduation to Boy Scouts? Does the troop(s) know? Do the parents know? Is everyone on track? Has the Arrow of Light den met with several troops?
- Have you planned a service project for your Chartered Organization? Cleaning part of the building or the grounds. Planting flowers?

• And how about the Spring?

- Who is setting up your Spring recruitment for all ranks especially Lions and Tigers? Can you do it outside?? Maybe near a Little League Field.
- Where and when is your spring camping trip?? Parents need dates well in advance. Knowing where they are going helps, too. What can you do while there?
- What leaders may be moving up with their sons and leaving the pack? What is your succession plan? Can you have it set before they leave so they can do a real turnover?
- What events are in the Annual Plan for the Spring? Has anyone been assigned to organize them? Do parents know the plans? Any new ideas? Local parades? Local festivals that may be good for recruiting?
- Where and when are the summer camps? Does your pack usually go a certain week for Day Camp? Is there a resident camp? A parent-child or family weekend run by your council?
- Who is coordinating the plans for the Pack Summertime Award? What will be the events? Where will they be held? What dates will they occur? Have you planned alternates for those on vacation?
- Who is planning the Pack Picnic? Will you have gifts and presentations for the leaders that worked hard all year? Will there be swimming? Consider BSA's "Eight Point Safe Swim Defense" Plan. How about a Raingutter Regatta at the picnic??

◆ Commissioner's Minute:

The King's Highway, Grand Teton Council

Once a king had a great highway built for the members of his kingdom. After it was completed, but before it was opened to the public, the king decided to have a contest. He invited as many as desired to participate. Their challenge was to see who could travel the highway best. On the day of the contest the people came. Some of them had fine clothing, fine hairdos, or great food. Some young men came in their track clothes and ran along the highway. People traveled the highway all day, but each one, when he arrived at the end, complained to the king that there was a large pile of rocks and debris left on the road at one spot, and this got in their way and hindered their travel. At the end of the day, a lone traveler crossed the finish line and wearily walked over to the king. He was tired and dirty, but he addressed the king with great respect and handed him a bag of gold. He explained, "I stopped along the way to clear away a pile of rocks and debris that was blocking the road. This bag of gold was under it all, and I want you to return it to its rightful owner." The king replied, "You are the rightful owner." The traveler replied, "Oh no, this is not mine. I've never known such money." "Oh yes," said the king. "You've earned this gold, for you won my contest. He who travels the road best is he who makes the road smoother for those who will follow."

♦ Closing

The preassigned Scouters perform the "Helpful" closing ceremony. Each member holds up a paper displaying one letter from the word HELPFUL as he delivers his line. (Write the words on the back in large print so each Scout can read them if necessary. Also, depending on the age of the den, it might be helpful to place the poster of the Scout Law nearby as reference for the end.)

Cub Scout 1: H is for helping. Helping others is what Cub Scouts do.

Cub Scout 2: E is for every Scout. Every Scout should "Do a Good Turn Daily." That's the Scout slogan.

Cub Scout 3: L is for living the Scout slogan each day.

Cub Scout 4: P is for parents. They are people we can help.

Cub Scout 5: F is for friends. We can help our friends too.

Cub Scout 6: U is for the universe, which will be a better place if everyone helps one another.

Cub Scout 7: L is for the Scout Law. All Scouts should follow the Scout Law.

Cub Scout 8: Please join me in saying the Scout Law.

(Everyone gives the Scout sign and recites the Scout Law in unison.)

♦ Retire the Flags