

The Philmont Cub Scout Roundtable Supplements

November 2018



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December Pack Meeting
(Blue and Gold)

◆ **Gathering**

Have a stroll around the midway. Give all Scouters an opportunity to get information and sign up for events and trainings.

Midway Award of the Month: National Den Award

These awards are granted to an entire unit (den or pack) rather than to an individual adult or youth member. Pursuing these recognitions can be a great way to practice teamwork and foster a sense of unity.

National Den Award The National Den Award Program. Service projects, field trips, character development, and Cub Scout camping are areas that are emphasized. Dens earn the award as a team, not as individual den members. The recognition is a ribbon for the den flag or den doodle.

To earn the National Den Award, a Cub Scout den must:

A. Have at least 50 percent of the den's Tigers, Cub Scouts, or Webelos Scouts attend two Den meetings and one pack meeting or activity each month of the year.

B. Complete six of the following during the year:

1. Use the denner system within the den.
2. In a Tiger den, use shared leadership and rotate the boy/adult host team.
3. Have 50 percent of the den go on three field trips per year. A field trip may be used in place of a den meeting.
4. As a den, attend a Cub Scout day camp, Cub Scout or Webelos Scout resident camp, or a council family camping event with at least 50 percent of the den membership.
5. Conduct three den projects or activities leading to a discussion of the Scout Law.
6. Have 50 percent of the den earn at least three elective adventure loops or adventure pins.
7. Have 50 percent of the den participate in a patriotic ceremony or parade.
8. Have 50 percent of the den participate in a den conservation/resource project.
9. Have 50 percent of the den participate in at least one den service project.

(Scouting.org)

◆ **Opening Ceremony**

The flag ceremony is led by preassigned Scouters.

They will present the colors and lead the pack in the Pledge of Allegiance.

Preassigned Scouters perform the opening skit.

CUBMASTER: This month we shine holiday light on our own traditions and culture and the customs of others. As we learn more about one another, we respect the different ways each of us celebrates this time of year around the world.

The preassigned den enters, each member carrying a battery-operated candle. As each youth lights their candle, they say:

CUBSCOUT 1: This is the season of lights.

CUBSCOUT 2: The days are shorter, the nights are longer, brightened by our holiday lights.

CUBSCOUT 3: Many homes light candles to honor the birth of Jesus at Christmas time.

CUBSCOUT 4: Many homes light Hanukkah candles to celebrate the festival of lights.

CUBSCOUT 5: Many homes light the kinara to celebrate Kwanzaa.

CUBSCOUT 6: The most brilliant light comes from the spirit of goodwill and peace toward all.

CUBSCOUT 7: Cub Scouts light up the lives of others by respecting the traditions of all faiths and traditions.

CUBSCOUT 8: Please stand and join us in the Scout Oath and Law.

◆ Opening Prayer

“Please prepare yourselves for prayer as is your custom. We give thanks for all who are here with us tonight, and wish those around the world who are celebrating in their own way, a happy, safe, and secure holiday season. May the light of the season lighten our hearts and theirs throughout this year and the next. Amen.”

◆ Welcome and Introductions

It’s all about the Welcome……



Sustaining strong membership in a unit depends not only on having new members join the unit, but also on engaging youth and their families in the unit experiences so that they feel *Welcomed* and want to stay. The role of the *New Member Coordinator* is to ensure that both *keys to success* take place.

The New Member Coordinator

1. Welcomes new Scouts and families
2. Shares the benefits of Scouting
3. Guides new members to activities
4. Meets new people
5. Helps give families a good start
6. Answers questions
7. Builds relationships
8. Thanks families for attending
9. Invites families to the next event

New Member Coordinators can become position trained at my.scouting.org by taking the New Member Coordinator training module.

To answer New Member Coordinator questions about Why, What, Who and How, follow the link to the NMC information page.

<https://41zfam1pstr03my3b22ztkze-wpengine.netdna-ssl.com/wp-content/uploads/2018/04/NMC-Why-What-Who-How-.pdf>

New Member Coordinator Position Resources including videos, the Welcome logo, printable brochures and more:

<https://scoutingwire.org/marketing-and-membership-hub/councils/new-member-coordinator/>

◆ **Big Rock Topic**

See the Boy Scout Roundtable Commissioner Planning Guide for a list of Big Rock Topics that both the Cub Scout and Boy Scout Roundtable Commissioners choose to do jointly to help serve the units in your district.

◆ **Applauses and Cheers!**

Sleigh

Say "Ding-a-ling" three times.

Sleigh

"Jingle, Jangle, Jingle, Jangle"

Snow

Hold your hands over your head, bring them down slowly while wiggling your fingers, saying, "Flaky, flaky, flaky."

Snowball

Gather up a handful of snow, form it into a ball, throw it, then clap your hands together as it makes impact.

Run-Ons

Frosty the Snowman eat for breakfast

Cub 1: What does Frosty the Snowman eat for breakfast?

Cub 2: Snowflakes!

Fall down and never get hurt

Cub 1: What can fall down and never get hurt?

Cub 2: Snow.

Santa Comes Down The Chimney When The Fire Is Burning

Cub 1: What do you get if Santa comes down the chimney when the fire is burning?

Cub 2: Crisp Krinkle

Santa has seven reindeer this year

Cub 1. Why did Santa only have seven reindeer this year?

Cub 2. He left Comet to clean the sink.

SONG: Do Your Best

Tune: Jingle Bells

Do your best, do your best,
In everything you do.
Keep the Oath and the Law,
Be a Cub Scout true.

Our Cubs are Here

Tune: Joy to the World

Joy to the World, our Cubs are here;
Let all the Pack rejoice.
Their badges they have earned today;
Award them now without delay.

Do your best, do your best,
Be a loyal Scout.
Do your duty to God
And help your country out.

Let all the Pack give a cheer,
Let all the Pack give a cheer,
For those Cub Scouts who advanced today.
(Great Salt Lake Council *Pow Wow Book* 1982)

◆ Cub Scout Interest Topic

- Community Service

Community Service

“... to help other people at all times” Scout Oath

SERVICE

Service is the action of helping a person in need. Service teaches values to Scouts. There are many opportunities every day to serve others. See the **Service Bingo Game** at the end of this supplement.

Wolf: Council Fire - Loyal - community service projects

Bear: Fellowship and Duty to God - Helpful

Webelos/ Arrow of Light: Building a Better World, Duty to God in Action; Aware and Care; Project Family

Song: Bless Our Cub Scouts (*Cub Scout Songbook*, 1969, p. 93)

Tune: O Tannenbaum

Lord, in this evening hour I pray
For strength to do my best each day.
Draw near to me that I may see
The kind of Cub that I should be.

In serving others, let me see
That I am only serving Thee.
Bless me, oh Lord, in Thy great love,
That I may be a better Cub.

Discuss with the Scouts people they think need help and how can they help. Write down a list of people who need help and how to help. Make it personal and a part of their life. Identify people such as the elderly, a neighbor, a new neighbor or student in school, parents, refugees, homeless people, a family with a sick or disabled member, a single parent, veterans, grandparents, elderly, people in care centers, children in hospitals, a family in mourning, walking a neighbor's dog, etc.

Discuss ways the Scouts can help other people. They can spend time with them, read to them, visit them, welcome them, send them cards or personal messages, share friendship and kindness. The scouts can make quilts, make and send cards, make fruit baskets, pull weeds, rake leaves, collect food, donate coats, blankets, diapers, healthy snacks, walking a neighbor's dog, making a new friend at school and many other ways to help.

What can you do to make a difference? Give of yourself.

Agencies that help people can be found by calling 211. Examples of places for community service: YMCA, YWCA, domestic violence shelters, care centers, American Red Cross, One Warm Coat, refugee centers, city clean-up, trail and waterway projects, beach cleanup, planting trees and shrubs, donations to the food bank, Salvation Army, Angel Tree, Quarters for Christmas, cemetery projects, Wreaths Across America, Veterans organizations, children's hospitals, Humane Society, Operation Gratitude, the World Scouting Fund and justserve.com. (Kristie Stoddard, University of Scouting, GSLC, 2017)

Bryan on Scouting October 9, 2015 (blog.scoutingmagazine.org) has an article titled, "101 Great Scout Service Project Ideas." There are lots of great service ideas for Cub Scouts and Boy Scouts in the article.

Help keep track of the hours of service done by the dens. Use Scoutbook or Scoutbook Lite. Record service hours for your Den Chief in the back of the *Boy Scout Handbook* or on Scoutbook.

Lord Baden-Powell, the founder of Scouting said this, "I often think that when the sun goes down the world is hidden by a big blanket from the light of heaven, but the stars are little holes pierced in that blanket by those who have done good deeds in this world. The stars are not all the same size; some are big, some are little. Some men have done small deeds but they have made the hole in the blanket by doing good before they went to heaven. Try and make your hole in the blanket by good works while you are on earth. It is something to be good, but it is better to do good."

◆ Audience Participation

CHRISTMAS AROUND THE WORLD STORY

Split group into the following groups, who say the indicated phrase when that word is mentioned in the story.

Tree: Sparkle, Sparkle

Christmas: Merry, Merry

Candle: Flicker, Flicker

Santa Claus: Ho, Ho, Ho!

Ornaments: Glitter, Glitter

Family: God bless us every one!

Star: Twinkle, Twinkle

Most countries around the world celebrate **CHRISTMAS**, but their customs are all different. **CHRISTMAS** is also known as Yule, Noel, and the Nativity. **SANTA CLAUS** visits children in many lands. He is known by several different names. He is called St. Nicholas in Germany, England and the Netherlands. In Italy, **SANTA CLAUS** is called Befana. In France, he is Petite Noel. He is called St. Basil in Greece. **SANTA CLAUS** is Nisse in Norway; Hoteiosho in Japan; San Nikolas in Russia; Papa Noel in Brazil; Dun Che Lao Ren in China; and in Switzerland, he is called Chriskindlo.

The legend that **SANTA CLAUS** comes through the chimney comes from the early Norsemen. The Norse are responsible also for our custom of burning the Yule Log.

In many countries, the **FAMILY** makes their own **ORNAMENTS** for the **CHRISTMAS TREE**. In Poland, the **ORNAMENTS** are made from paper. In Finland, they make **ORNAMENTS** from reed, straw, and wood. In Sweden, they are made from straw and balsa wood. The Norwegians make **ORNAMENTS** which are made from wood shavings.

A lighted **CANDLE** in the window is a custom in Ireland, Denmark, Austria and Germany. Many years ago, **CANDLES** were used to light the **CHRISTMAS TREE**, but now electric lights are used because they are safer.

In Alaska, a large **STAR** is carried through the streets on **CHRISTMAS** Eve while carols are being sung. The custom of carrying the **STAR** is also found in Poland, Romania and Ukraine. Carolers in these countries carry a transparent **STAR** with **CHRISTMAS** scenes on it. The **STAR** has a light inside which shines through the paper.

In all countries, **CHRISTMAS** is a special **FAMILY** time, celebrating the birth of Jesus. In most places, gifts are exchanged on **CHRISTMAS**. Gift-giving represents the gift which the Wise Men brought to the baby Jesus on the first **CHRISTMAS**. (primetroop.org)

◆ **STEM Minute**

Math- Sequence and patterns in numbers

Write a couple of sequencing problems on the board at Pack or Den Meetings. This could be a pre-opener activity. Ask the Scouts to find the missing number in the pattern and how did they figure it out. You can write a sequence of numbers for them to solve anytime.

2, 4, 6, 8, 10, _____

22, 33, 44, _____

3, 8, 18, 23, _____

17, 14, 11, _____

Arithmetic Sequence: 2, 4, 6, 8, 10, _____. The common difference is 2. An arithmetic sequence is made by adding the same value each time. Add 2 to the previous number. The answer is 12.

Arithmetic Sequence 22, 33, 44, _____. The common difference is 11. Add 11 to the last number, 44, and the answer is 55.

Arithmetic Sequence 3, 8, 18, 23, _____. The common difference is 5. Add 5 to the last number, 23, and the answer is 28.

Arithmetic Sequence 17, 14, 11, _____. The common difference is 3. Subtract 3 from the last number, 11, and the answer is 8.

More challenging: 2, 4, 8, 16, _____

Geometric Sequence 2, 4, 8, 16, _____. The common difference is a multiple of 2. Multiply the last number, 16, by 2 and the answer is 32.

Most challenging: 0, 1, 1, 2, 3, 5, 8, 13, 21, _____

One of the most famous sequences is the **Fibonacci sequence**, named after the Italian mathematician Leonardo Fibonacci. Fibonacci Number sequence is found by adding the two numbers before it together. The answer would be 34 (13 plus 21). The 2 is found by adding the two numbers before it (1+1) The 21 is found by adding the two numbers before it (8+13) The next number in the sequence above would be 55 (21+34) (for more samples see www.mathigon.org/World/sequences)

If You Use the 60-minute Roundtable Please Skip to the Commissioner's Minute and Closing Ceremonies

◆ Cub Scout Leader Breakouts

◆ New Leader Breakout

- See the September Philmont Supplement for all of the details. This is the same breakout session for all new leaders attending Roundtable for the first time. If they have attended this breakout they need to attend the breakout session that fits their position in the pack.

◆ Lion Breakout

- Lion Requirement
 - Mountain Lion - **Required Adventure**
 - Meeting 1
 - Practice the SAW activity
 - **S= STAY** put! If you move around, you make it harder for people to find you
 - **A=** If you hear your name being called, **ANSWER!**
 - **W=** Blow your **WHISTLE**. If you try to use your voice to call for help, you will become hoards and no one will be able to hear you. But they can hear your whistle. Blow every so often.
 - Discuss how to present the Cub Scout Six Essentials to your Lions
 - **First-aid kit:** adhesive bandages, moleskin, gauze, antibiotic ointment, etc.
 - **Water bottle:** filled and large enough to last until it can be filled again
 - **Flashlight:** for emergency use only
 - **Trail food:** can be made as a den activity prior to hike or campout
 - **Sun protection:** sunscreen of SPF 30 or greater and a hat
 - **Whistle:** also for emergency use only
 - Meeting 2
 - Learning how to hike
 - Share the "S" rules
 - Sticks stay on the ground

- Stones stay with the sticks
 - Stay on the path
 - Stay with your buddy
- Creating a theme hike
 - Look at the ideas in the book and discuss
 - What are some other ideas for theme hikes?
 - Fall Nature Hike
 - Find things that you can only see in the fall
 - Take some paper (Journal, Notebook, ect) and draw or write what you see. At the end of the hike talk about what you saw.
 - Leaf Hunt
 - Create leaf rubbings of as many different kinds of leaves as you can find.
 - Label the leaves to what tree they came from.
 - Leave the leaves where you found them.
 - Discuss how many animals use leaves to help them get ready for winter.
 - Bug Hunt
 - Bring jars, nets, and magnifying glasses on your hike.
 - Find as many different kinds of bugs as you can.
 - Draw or take a picture of the bugs you find.
 - Find out more about the bugs you find with your adult partner and talk about it at the next gathering activity during the next Lion meeting.
- Learn the Happy Lions song
- Using the EDGE method, learn the Boy Scout Outdoor Ethics Code and how it helps us take good care of Nature.
 - As an American, I will do my best to
Be clean in my outdoor manners,
Be careful with fire,
Be considerate in the outdoors, and
Be conservation minded.

◆ Tiger Breakout

- Tiger Requirement
 - Games Tigers Play - **Required Adventure**
 - Using the Cub Scout How To Book discuss different team-building games (examples below) for Requirement 1
 - **Blanket Ball Activity**

Level: Low

Needed: Indoor or outdoor area, any number of players, two sheets or blankets, two balls or large soft objects (even rolls of toilet paper work well)

Form two groups. Group members grab hold of a blanket's edges, with a ball in the center of the blanket. Players practice throwing the ball up and catching it by moving the blanket up and down in unison, trying to get the ball as high as possible. After the groups have developed some skill in catching their own ball, they toss the ball toward the other group to catch on their blanket. Groups continue throwing the balls back and forth. Group members might reflect on how they decided to toss the ball to the other team.

- **Find the Leader Activity**

Level: Low

Needed: Small playing area and any number of players

Youth sit in a circle. One youth is "It" and leaves the room. The remaining youth choose a leader. "It" is then called back into the center of the circle and the leader slyly starts a motion, such as waving his hands, clapping, making a face, etc. The others in the circle imitate the leader. "It" keeps a watchful eye on everyone to find out who is starting the motions. The leader should change motions frequently. When "It" discovers who the leader is, the leader becomes "It" and a new leader is chosen.

- Discuss 1B and 1C
- Going to the website Choose My Plate.org will help with completing Requirement 2.
 - <https://www.choosemyplate.gov/>
- Talk as a group about the last 3 options for completing the Adventure. Discuss options of completing this as a Den or completing requirements at home with their Adult Partner.

- ◆ **Wolf Breakout**

- Remind Den Leaders to work with new Cub Scouts on their Bobcat Rank
- Wolf Requirement
 - Required Adventure - **Running with the Pack**
 - Use the requirements to make one or more obstacle courses. Include requirements such as balancing, frog leaps, front roll, back roll, throwing and catching, walking forward, backward and sideways.
 - Make the obstacle course into a game. Have the cub scouts create the rules of the game, and then show good sportsmanship.
 - Demonstrate what it means to eat a balanced diet by helping to plan a healthy menu for a meal for your den or family. Make a shopping list of the food used to prepare the meal.



- Use the link to print out a menu and planning page.
https://docs.google.com/document/d/1HDsxM_NNBVx3KqEOI2MqCImM6-6JfV2K9IJ6h01XU28/edit?usp=sharing

Running With The Pack
 Demonstrate what it means to eat a balanced diet by helping to plan a healthy menu for a meal for your den or family. Make a shopping list of the food used to prepare the meal.

Elective Adventure - **Germ's Alive (Complete five of the six requirements)**

- Sing the “germ song.” Make it fun, sing it as a repeat after me song, or use instruments.
- Play the Germ Magnet game. Form a circle. Place a pinch of glitter into one Scout’s hand in the circle. Have that person shake hands with the next person. Pass the handshake around the circle and see how far the “germs” will go. Wash your hands after the game. Discuss what can be learned about how germs are passed by hand to hand contact.



◆ **Bear Breakout**

- Remind den leaders to work with each new Cub Scout on the Bobcat rank
- Bear Requirement
 - A World of Sound - **Elective Adventure**
 - Review the requirements for this adventure. Explain to the leaders that the requirements for this specific adventure were not revised with the update effective December 2016. As appropriate with time and location, consider showing each item to make and/or demonstrating how to make the item. Help the leaders learn about the different areas of the world so that they can help the youth learn. Remind the leaders to follow safety tips learned in the Baloo the Builder adventure. Suggest that the leaders



arrange with the pack leaders and cubmaster to have a few minutes at pack meeting to show and demonstrate a musical instrument.



- Review requirement 1. “Make an mbira.” The pronunciation is “em-beer-a.” See the Bear Handbook and/or the Bear Den Leader Guide for details and photos. Discuss the location of Zimbabwe and a little about the country and the people. Show the leaders a mbira and perhaps a video of someone playing one:

<https://www.youtube.com/watch?v=tKbfUEhjuH4>

Also consider providing the leaders the following site which gives a demonstration of a Cub Scout making the

mbira: https://www.youtube.com/watch?v=21PcRaQiqM0&list=PLfTlnjD59eUtK6l_BUmodxTOo1PR6R0zi

- Review requirement 2. “Make a sistrum.” See the Bear Handbook and/or the Bear Den Leader Guide for details and photos. Discuss the location of Egypt and a little about that country. Suggest that the leaders show photos of Egyptian drawings with sistrams (or sistra, plural in Latin) and/or a video of someone demonstrating use of

one: <https://www.youtube.com/watch?v=G7pYdPOS4yw>

Also consider providing the leaders the following site which

gives

a demonstration of a Cub Scout making a

sistrum: <https://www.youtube.com/watch?v=iB0hkAvmUR0>

- Review requirement 3. “Make a rain stick.” See the Bear Handbook and/or the Bear Den Leader Guide for details and photos. Discuss the location of Chile and a little about that country and the people who live there. Show the leaders a completed rain stick. If time permits, demonstrate making one or let the leaders practice making one. Possibly the den leaders may benefit from viewing the demonstration at

<https://www.youtube.com/watch?v=Oft5C4rV2mk>

- Although not a requirement, suggest that the den leaders have the Cubs play all of the instruments together. See an example at

<https://www.youtube.com/watch?v=Qo3qFcR58cY>



◆ Webelos Breakout

Remind Den Leaders to work with new Cub Scouts on their Bobcat Rank

- Webelos Requirement



○ Maestro Adventure - Elective

Share ideas of experiences doing this adventure and the different homemade musical instruments and the songs the Scouts created and performed.

- 1. Do A or B. A. Attend a live musical performance. B. Visit a facility that uses a sound mixer, and learn how it is used. The local high school usually has this and the stage crew are willing to show their skills to the Webelos Scouts.



- 2. Do two of the 10 suggestions. Discuss ideas for completing the suggestions. See the *Webelos Leader's Handbook* for ideas for the homemade instruments or share ideas. Examples are glass bottle flutes, toilet paper roll shaped kazoos, tissue box and rubber band guitars, empty oatmeal container drums, etc.
- Scouters make up words to fit existing tunes frequently. The song "Do Your Best" in this supplement issue is to the tune of *Yankee Doodle*. Guide your Scouts to create their own song. Share ideas. The den theme song can be fun and meaningful to your Scouts. Encourage your den to have their own song (and their own cheer.)
- Some Scouts already play a musical instrument. Ask them to perform a piece in your den or pack so they can share their talents.



- **Fix It - Adventure - Elective**

- Share ideas about experiences doing this Adventure. Encourage your parents to help with this adventure. It is possible to do some of these activities at your meeting place with the Webelos Scouts and their parents for example #1; 3A; 4 A, B, C, D, F, G, H, J, O, Q, S. See the *Webelos Leader's Handbook* for ideas. The Scouts enjoy this active adventure. They can be detectives trying to find the studs in the wall (4-S.)

- ◆ **Arrow of Light Breakout**

- Remind Den Leaders to work with new Cub Scouts on their Bobcat Rank
 - AOL Requirement
- See the Webelos Section above for **Fix It** and **Maestro** Adventures.

- ◆ **Cubmasters Breakout**

- Make Christmas ornaments out of popsicle sticks. This can be a service project for the scouts to make ornaments to take to a hospital home or a retirement center.



- Game: **Snowball Drop**
- *Utah National Parks Council*
 - **Equipment:** White Ping Pong ball, table.
 - **Setup:**
 - Divide the participants into teams of 3-6. Each team kneels on opposite sides of a table.
 - **Game Play:**
 - The object is to blow a “snowball” (ping pong ball) so that it will ‘drop’ off the edge of the table on the opponent’s side.
 - This scores one point. No one is allowed to touch the snowball or the table in any way.
 - First team to score three points wins.
 - Repeat play for the other participants, as needed.

◆ Committee Chair Breakout

- Discuss Recruitment into the pack in order to grow membership.
- Introduce the New Member Coordinator position. The New Member Coordinator forms a connection with new members and their families. He or she is appointed by and reports to the Unit Committee Chair. Each unit should have one — or, ideally, more than one — New Member Coordinator.
 - New Member Coordinators:
 - Serve as welcoming ambassadors for the unit.
 - Work with the unit committee in developing and implementing the Unit Membership Plan.
 - Participate in New Member Coordinator training and collaborate with the district membership team.
 - More information on New Member Coordinators can be found at: <https://blog.scoutingmagazine.org/2017/12/06/how-a-new-member-coordinator-can-revolutionize-your-scout-unit/> . “New Member Coordinators can be a game-changer for membership retention as well as recruitment,” says Linda Baker, chairwoman of the New Member Coordinator Task Force. “Having one or more NMCs in a unit can make everything easier and more fun.”



◆ Commissioner’s Minute:

- One of the most important things to learn in life is to put forth your best effort when doing something. That is why we have the Cub Scout motto. As a member of this pack, I hope you will put forth your best effort for the good of the pack and for your own good.

◆ Closing

The preassigned Scouters perform the closing ceremony.

◆ Retire the Flags

◆ Resources

- December 2011 Cub Scout Pack Meeting Guide
 - https://filestore.scouting.org/filestore/cubscoutmeetingguide/pack/packmeetingtip_sdecember_2011.pdf

SERVICE BINGO

Help a neighbor.	Do a job or chore for someone in your family.	Be kind to someone today.	Help your school teacher.	Give Help! (Time)
Do something for your grandparent or family member.	Free choice.	Read to someone.	Free Choice.	Help with the dishes.
Write a note or letter to someone.	Be obedient to your parents.	Be extra kind to someone in your family.	Serve four people in one day.	Do a secret service.
Make friends with someone.	Free choice.	Help someone feel good about themselves.	Free choice.	Serve an older person.
Give Help! (Time)	Invite someone to play.	Help your mom or dad.	Do service with someone else.	Take out the trash.

This Bingo game is good for one month. Each service counts for one space. Do one space well each day. Do your best to “help other people at all times.” (Kristie Stoddard, University of Scouting, GSLC, 2017)

Other suggestions: help with the laundry, help clean the floors, dust, pick up toys, make your bed, clean your room.