ADULT LEADER BASIC TRAINING SCO_600 SEA SCOUT GETTING STARTED 11:56 SCO_601 9:25 STARTING & REORGANIZING YOUR SHIP SCO_602 9:13 PLANNING YOUR SHIPS PROGRAM SCO_603 SEA SCOUT YOUTH LEADERSHIP DEVELOPMENT 7:41 SCO_604 **SEA SCOUT RESOURCES** 11:22 SCO_605 SEA SCOUT ADVANCEMENT 6:24 SCO_606 SEA SCOUT UNIFORMS 8:55 **TOTAL TIME: 1 HOUR 5 MIN OPTIONAL TRAINING** SCO_620 PLANNING A LONG CRUISE 13:39 SCO_621 **EXECUTING A LONG CRUISE** 19:28 **TOTAL TIME: 34 MIN**