

2008

AUTUMN

ADVENTURE

ENJOY WARM SUNNY DAYS AND COOL CRISP NIGHTS
VIEW THE SPLENDOR OF PHILMONT FALL COLORS
GAZE AT WILDLIFE PREPARING FOR WINTER
PHOTOGRAPH THE PANORAMA OF PEAKS
FISH FOR TROUT IN A SPARKLING STREAM

FALL IS THE BEST TIME TO CAMP AT PHILMONT

Location: Philmont Scout Ranch is located near Cimarron, New Mexico, 45 miles southwest of Raton. Camping Headquarters is 4.6 miles south of Cimarron on Highway 21.

Who May Participate? Any individual who is at least 14 years of age or in the 8th grade at the time of participation; **units** or **all adult groups** such as **unit, district or council committee members; all participants must be registered members of the BSA.**

At least two adult leaders (21 years of age or older and the other can be 18), must accompany each crew of up to 10 youths. Each coed group must have at least one adult male and one adult female leader (21 years of age or older). The **minimum** ratio of adult leaders to youth is 2 to 10. All adult groups, as well as Scout and Venturing groups, are encouraged to participate in Autumn Adventure. Many school districts have a "Fall Break" which makes it easier to involve youth. If you are an "all adult" crew, please plan to use this experience to enhance the quality of the Scouting Program in your unit and council.

Each participant must be in good physical condition. Each participant is required to have a current Philmont Health and Medical form filled out by their Doctor with in 12 months of the trek and **must meet the blood pressure, height and weight requirements as outlined on the Philmont Health and Medical form.** The nearest medical facility is 45 miles from Philmont. There is limited medical support available at Philmont during the fall program. **PHILMONT REQUIRES AT LEAST ONE CREW MEMBER BE CERTIFIED IN CPR AND FIRST AID.** If you have any medical concerns, please call Philmont before your scheduled arrival day. Each crew should elect a crew leader who has leadership ability and who is respected by the entire crew.

Crew Size: Fall camping is accomplished with a crew of 6 to 12 participants accompanied by an Autumn Adventure Guide. Larger groups are organized into multiple crews (minimum crew size 6, maximum crew size 12 - **No Exceptions**).

Fees: \$40/person/day which includes trail food and staff guide with each crew. The guide will help your group plan an itinerary and accompany you on your trek.

Reservations: Reservations are confirmed upon receipt of a **\$50/person deposit** with the reservation form. All fees are non-refundable or transferable to the balance in the event of cancellation. Call 575-376-2281 to determine when space is available.

Arrival/Departure: Arrive and depart any day during Autumn Adventure. Depending on your crews schedule your arrival and departure days may be considered full or half days, with a half day fee at \$20.00/person. If arriving late in the day, try to do so between 6:00 - 7:00 pm. You will be housed in Camping Headquarters Tent City the first night. **EVENING MEAL WILL NOT BE SERVED.** The Philmont dining hall is not available for crews during the Autumn. Plan to eat supper before arriving at Philmont. If you arrive in the morning, you may get into the backcountry that same day. 10x12 wall tents with cots are available at Camping Headquarters for your first and last nights at Philmont if you need them.

Program Options: Each group will plan its own itinerary with the assistance of a Philmont Guide. The itinerary can be as strenuous or as leisurely as desired depending upon the physical condition, training and preparation of the group. A guide will accompany each group throughout its trek. Accommodations to stay at Headquarters are not available except for your first and last night and there is **NO MEAL SERVICE**.

All groups must camp in the backcountry. The group may elect to take day hikes from their backcountry site or camp in different sites each night. Opportunities abound for photography, trout fishing, mountain climbing, gazing at wildlife, learning about the flora and fauna of the area, visiting historical sites or just relishing the opportunity for quality time away from the stress of every day life.

Philmont will NOT provide transportation to backcountry camps, but will provide transportation to designated turnarounds. (Turnarounds: Zastrow, Lovers Leap, Cimarroncito, Six Mile, Ponil and Maxwell.) In the past we have made exceptions to this rule, **with the growing popularity of the program we will not be able to make those exceptions.** Philmont will assist you in shuttling your personal vehicles to your selected ending point.

Fishing: September 4th through September 7th Philmont hosts a large Fly Fishing Invitational. During that time Autumn Adventure crews are not allowed to fish on the Rayado River or in the Cimarroncito Reservoir. Camping is also not allowed at Abreu, Zastrow, Fish Camp, Phillips Junction and the Hunting Lodge during this period. Autumn Adventure Crews are welcome to fish during the rest of Autumn Adventure. Non-resident fishing licenses must be purchased for each person who wants to fish at the following rates: (subject to change) 1 day license - \$17.00; 5 day license - \$29.00; annual license \$61.00. Philmont fishing licenses for persons under 17 may be purchased for \$1.50.

Awards: Each participant who completes training will be awarded a distinctive Autumn Adventure patch as a remembrance of Philmont Autumn Adventure. The patch can only be earned; it is a recognized symbol of participation in a fall trek.

Tour Permit: Submit your tour permit for approval at least one month in advance. **You will need a tour permit even if your crew is an all adult group.**

Transportation: Check your vehicles BEFORE you leave home. AAA and state agencies will recommend emergency supplies you should carry.

Trading Post: The Tooth of Time Traders will be open 8 to 5 seven days a week during the Autumn Adventure period. You can also place orders online at www.toothoftimetraders.com.

Clothing and Equipment: When packing for Autumn Adventure, consider protection for each part of your body. Temperatures may vary from 80 degrees F during the day to 20 degrees F or even lower at night. Whenever possible, bring clothing made of wool, polar fleece or polypropylene. Even when wet, these fabrics retain some insulating value. Each participant should bring or plan to buy the following: (items marked with an * can be purchased in the Tooth of Time Traders)

<u>DAY HIKING</u>	/	/
ITEM		
hiking boots.....	_____	_____
day pack	_____	_____
water bottle or canteen*	_____	_____
(with water, two-1 qt. capacity)		
medium weight wool jacket.....	_____	_____
or wool shirt and wool sweater*		
lunch.....	_____	_____
first aid kit*	_____	_____
map*	_____	_____
compass*	_____	_____
sunscreen*	_____	_____
(SPF 15 or higher)		
sunglasses*	_____	_____
wide brimmed hat.....	_____	_____
matches* or lighter.....	_____	_____
(in waterproof case*) or lighter		
pocket knife*	_____	_____
sturdy rain suit*	_____	_____
pair wool mittens or gloves*	_____	_____
stocking cap*	_____	_____

Backpacking Treks - Personal Equipment

All of the items listed above plus the following:

backpack w/ frame & padded hip belt.....	_____	_____
(rental available - \$1.00/person/day)		
pack cover*	_____	_____
(waterproof or large plastic bags)		
6 plastic bags - asstd sizes.....	_____	_____

Sleeping

sleeping bag in waterproof bag	_____	_____
sleep clothes.....	_____	_____
(worn only in sleeping bag)		
straps* (hold sleeping bag on pack)	_____	_____
waterproof ground cloth 5' x 7'	_____	_____
(1 per 2 people)		

Clothing (packed in plastic bags)

lightweight sneakers or tennis shoes	_____	_____
2 pair heavy wool socks*	_____	_____
3 pair lighter inner socks*	_____	_____
2 changes underwear	_____	_____
2 pair hiking shorts	_____	_____
1 long sleeve shirt.....	_____	_____
1 pair long pants	_____	_____
2 short sleeved shirts (not nylon)	_____	_____

Eating

deep bowl* or plate (small).....	_____	_____
cup* (measuring style).....	_____	_____
spoon*	_____	_____

PERSONAL AND MISCELLANEOUS

ITEM	/	/
small pocketknife* (A)	_____	_____
50 ft. 1/8-inch nylon cord* (S)	_____	_____
flashlight (small with extra batteries) (S) ...	_____	_____
bandanna or handkerchief* (BB)	_____	_____
whistle* (A).....	_____	_____
lip balm* (BB,A)	_____	_____
soap, biodegradable* (BB)	_____	_____
toothbrush/toothpaste* (BB)	_____	_____
comb	_____	_____
small towel	_____	_____
moleskin or molefoam* (BB,S)	_____	_____
adhesive bandages* (BB,S)	_____	_____
note pad and pen.....	_____	_____
tampons/sanitary napkins (BB).....	_____	_____
sunglasses*	_____	_____

Optional

belt	_____	_____
foam sleeping pad*	_____	_____
camera and film* (BB)	_____	_____
watch	_____	_____
fishing equipment*/licenses*	_____	_____
rubber bands.....	_____	_____
insulated underwear*	_____	_____
foot powder (BB,S)	_____	_____
Philmont Fieldguide* (S).....	_____	_____

Crew Equipment Provided by Philmont

cooking kit/utensils.....	_____	_____
hot pot tongs	_____	_____
plastic trash bags.....	_____	_____
dishwashing soap	_____	_____
scouring pads	_____	_____
toilet paper	_____	_____
2 person tents.....	_____	_____
water purification chemical.....	_____	_____
100' - 1/4" rope and burlap bag.....	_____	_____

Not Provided by Philmont

backpacking stoves*	_____	_____
(1 per / 4 persons)		

Code

- (BB) - Packed together in plastic bag to be placed in bear bag at night.
- (S) - Share with buddy
- (A) - Easily accessible in pack or carried on person
- * - Can be purchased at the Tooth of Time Traders

**AUTUMN ADVENTURE
2008 Reservation Form**

Period of Attendance from Friday September 5th – Friday October 31st, 2008
Absolutely No Reservations Accepted Wed Oct. 1st - Sun Oct. 5th

Preferred reservation dates: _____

- 1. Total number of youth we expect to have
- 2. Total number of adults we expect to have
- 3. Total number of participants (line 1 + line 2)
- 4. Length of Trek (# of days)
- 5. Total cost of trek (line 3 x line 4 x \$40*=) \$
- (fees include Philmont trail food)
- 6. Deposit enclosed (line 3 x \$50*=) \$
- (due w/application)
- 7. Balance due upon arrival (subtract line 6 from line 5) \$

We anticipate functioning as _____ crew(s).

*non-refundable

We would like to request the following program:

- _____ Council/Group Trek Planning _____ All Adult Crew
- _____ High Adventure Planning _____ Traditional Crew

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Council Name \_\_\_\_\_ Unit and Number \_\_\_\_\_ Coed? \_\_\_\_\_

Please correspond with: \_\_\_\_\_

|                 |                  |
|-----------------|------------------|
| Name            | Email Address    |
| Mailing Address | City, State, Zip |
| Home Phone      | Work Phone       |

**Mail Reservations to:**  
**Philmont Scout Ranch, BSA**  
**Attn: Autumn Adventure**  
**17 Deer Run Rd.**  
**Cimarron NM 87714**

**Email:**  
**camping@philmontscoutranch.org**

**Phone:**                      **Fax:**  
**575-376-2281**                      **575-376-2636**

|                          |               |
|--------------------------|---------------|
| LOCAL COUNCIL APPROVAL   |               |
| _____<br>Scout Executive | _____<br>Date |

## PHILMONT WEIGHT LIMITS FOR BACKPACKING & HIKING

Each participant in a Philmont trek must not exceed the maximum acceptable limit in the weight for height chart shown below. The right hand column shows the maximum acceptable weight for a person's height in order to participate in a Philmont trek. Those who fall within the limits are more likely to have an enjoyable trek and avoid incurring health risks. Every Philmont trek involves hiking with a 35-50 lb. backpack between 6,500 and 12,500 ft. elevations. Philmont recommends that participants carry a pack weighing no more than 25-30% of their body weight.

Participants 21 years and older who exceed the maximum acceptable weight limit for their height at the Philmont medical recheck, **will not** be permitted to backpack or hike at Philmont. For example, a person 5'10" cannot weigh more than 226 lbs. ***The Philmont physicians will use their best professional judgment in determining participation in a Philmont trek by individuals under 21 years of age who exceed the maximum acceptable weight for height. Participants under 21 years of age are strongly encouraged to meet the weight limit for their height, and exceptions are not made automatically and the maximum allowable exception will be 20 lbs. Discussion in advance with Philmont regarding any exception to the weight limit for persons under 21 years of age is required, whether it is over or under.***

**Under no circumstance will any individual over 295 lbs. be allowed to participate regardless of height or age.** This limit is necessary due to limitations of rescue equipment and for the safety of Philmont personnel. The maximum weight for any participant in a Cavalcade Trek and for horse rides is 200 lbs.

| HEIGHT      | RECOMMENDED WEIGHT (lbs.) | MAXIMUM ACCEPTANCE |
|-------------|---------------------------|--------------------|
| 5'0"        | 97 - 138                  | 166                |
| 5'1"        | 101-143                   | 172                |
| 5'2"        | 104-148                   | 178                |
| 5'3"        | 107-152                   | 183                |
| 5'4"        | 111-157                   | 189                |
| 5'5"        | 114-162                   | 195                |
| 5'6"        | 118-167                   | 201                |
| 5'7"        | 121-172                   | 207                |
| 5'8"        | 125-178                   | 214                |
| 5'9"        | 129-185                   | 220                |
| 5'10"       | 132-188                   | 226                |
| 5'11"       | 136-194                   | 233                |
| 6'0"        | 140-199                   | 239                |
| 6'1"        | 144-205                   | 246                |
| 6'2"        | 148-210                   | 252                |
| 6'3"        | 152-216                   | 260                |
| 6'4"        | 156-222                   | 267                |
| 6'5"        | 160-228                   | 274                |
| 6'6"        | 164-234                   | 281                |
| 6'7" & over | 170-240                   | 295                |

This table is based on the revised Dietary Guidelines for Americans from the U.S. Department of Agriculture and the Department of Health and Human Services.