



Have you visited Scouting Safely yet? More than 5,000 visitors a month can't be wrong!

<http://www.scouting.org/HealthandSafety.aspx>

Resource Updates and Training

The Health and Safety Committee has updated the following resources. The forms are user-friendly and easy to fill in, save to a computer, and print.

Flying Permit, No. 19-672

<http://www.scouting.org/filestore/pdf/19-672.pdf>

Key updates:

- Two-deep leadership identification for councils that do not require the unit to complete a Local Tour Permit Application for local activities.
Note: We encourage using one of the Tour Permit Application forms when planning any outing.
- FAQs answering the most common questions.
- A checklist for council use when reviewing the application.

Activity Consent Form and Approval by Parents or Legal Guardian, No. 19-673

<http://www.scouting.org/filestore/pdf/19-673.pdf>

Key updates:

- It's only one page!
- Added special considerations or restrictions.
- Revised hold harmless agreement and medical authorization.

Local Tour Permit Application, No. 34426

<http://www.scouting.org/filestore/pdf/34426.pdf>

Key updates:

- A single matrix to help units arrange qualified supervision for activities such as swimming, boating, and shooting sports, including expiration dates of required training.
- Revised certification requiring more of tour leaders than just having a copy of the *Guide to Safe Scouting* in their possession.
- Space for both phone and e-mail contact information for leaders.

Hazardous Weather Training

Be the first on your block to take Weather Hazards, the latest e-learning course available on MyScouting's E-Learning Course Management System. Effective January 1, 2009, Weather Hazards training is mandatory for at least one adult on each tour. The course includes training, testing, and additional resources on weather conditions that may be encountered during BSA activities, including lightning, flash floods, tornadoes, hot and cold weather, hail, and hurricanes. Participants who complete the course earn a Weather Smart Certificate of Completion. The course content is appropriate for Boy Scouts and Venturers as well as adult leaders.

Dashing All the Weigh Challenge

"To keep myself physically strong" is a fundamental part of the Scout Oath and the BSA's mission. To that end, the Health and Safety Service and the BSA Wellness Program teamed up to help national office employees hold the line on year-end poundage.

The challenge was created simply to help employees prevent weight gain, especially during the holidays. Voluntarily, 189 employees in the national office, National Scouting Museum, and Center for Professional Development weighed in before the holidays. They weighed out nine weeks later, hoping they did not come back with extra pounds after the new year. The results were amazing! The combined loss of all participants was 270 pounds.

We encourage you and your district, council, and region to take the Dashing All the Weigh Challenge in 2008 and let us know your results. Have questions on how the program was set up? Contact us at healthsafety@netbsa.org or 972-580-2447.

PTC Hosts Health and Safety/Risk Management Course

Philmont Training Center will host a conference on health and safety and risk management for council health and safety and risk management chairmen, camp visitation team members, area/regional camp appraisers, camp directors, and directors of camping. The course was developed by the national BSA Health and Safety Committee with the support of the Risk Management Service.

The conference is scheduled for July 13–19, 2008, at Philmont Training Center. For additional information, visit the PTC Web site (<http://www.scouting.org/highadventure/philmont/ptc.aspx>).

North American Occupational Safety and Health Week



Safety Is Good Business is the theme of this year's North American Occupational Safety and Health Week, May 4–10, 2008. The focus is that safety and health add value not only to a business, but to the workplace, employees, and community, and to everyone's quality of life. As part of this year's celebration, the BSA Health

and Safety Committee is highlighting Scouting's contributions to emergency preparedness in our communities and how being prepared is also good business.

More than 15,000 youth and adults across America earn the Emergency Preparedness BSA Award every year. In addition, more than 45,000 Scouts each year earn the Emergency Preparedness merit badge, which now includes a requirement

to demonstrate how to mitigate or prevent emergency situations, laying a solid foundation for future Safety Is Good Business opportunities. A prerequisite—actually the first requirement—for the Emergency Preparedness merit badge is earning the First Aid merit badge, something more than 80,000 Scouts do every year.

For more information on NAOSH Week, visit <http://www.asse.org/newsroom/naosh08/>.

Occupational Safety and Health Day is May 7, 2008.

Tell your Health and Safety committee members how much you care!

Automated External Defibrillators Program Goes Online

Approximately 325,000 Americans suffer sudden cardiac arrest each year, and more than 95 percent of them die before reaching the hospital. If CPR and defibrillation are not applied within 10 minutes after sudden cardiac arrest, there is virtually no chance of survival. However, in cities where defibrillation is provided within five to seven minutes, the survival rate from sudden cardiac arrest is as high as 49 percent. Active promotion of CPR and AED education, especially training, can help ensure that every Scout and his family can be prepared for such an emergency.

A recent survey of BSA local councils revealed that 21 percent of council offices and 58 percent of council camps have AEDs in place. Health and Safety and Risk Management wants to see both of those numbers at 100 percent. In addition, we encourage units to coordinate service projects to place AEDs at their chartered organizations, schools, and throughout the community.

To help reach this goal—and just in time for National CPR and AED Week, June 1–7, 2008—we are preparing to provide Scouts and Scouters a dedicated Web site for ordering AEDs at a reduced price through the BSA AED Program. Since 2005, this program has been available to local councils through our agreement with Philips Healthcare and the American Red Cross; in 2008, it is available all the way through the unit level. Watch for updates to the program on Scouting Safely.

Is Medical Direction Required?

Medical direction is important in maintaining a quality AED program. You may have one of your volunteer physicians act as a medical director, or you may purchase qualified medical direction directly from Philips Healthcare.

The FDA requires a physician to authorize the purchase of defibrillators, and most states require that a physician oversee the early defibrillation program as medical director. Responsibilities may vary by state; however, the most effective medical director is someone who is willing to be directly involved in day-to-day decisions.

Which AED Should You Choose?

Two AED models were selected for the program. Both provide ease of use, CPR coaching, and pediatric use capabilities with either a pediatric key or pads.



The **ONSITE AED** is intended for use in covered and carpeted areas—inside places like offices, schools, places of worship, or meeting halls. With the use of pediatric pads, the ONSITE also can be effective for pediatric victims (ages 1 through 8). Purchase of the ONSITE unit does not require medical direction, but the U.S. Food and Drug Administration requires physician authorization to purchase pediatric pads.



The **Philips FRx AED** can be used in all types of locations, including the outdoors, which makes it ideal for camps and treks. A pediatric key makes the unit applicable for pediatric use. The FRx requires medical direction for purchase.