January

Positive Attitude

Yes I Can

Pack Committee

Why Yes I Can for the Core Value Positive Attitude. It doesn’t matter what you are doing—homework, Cub Scout advancement, or helping Mom set the table—doing your best with a Yes I Can attitude will make the job more fun and less stressful.

BEFORE THE MEETING

Collect and prepare materials such as flags for the flag ceremony; awards and cardboard compass for the recognition; poster boards; pens, pencils, crayons; 3-by-5-inch cards; tape or glue sticks for the gathering; slogans written on poster board for the closing; and any other materials necessary for alternate activities.

Work with the den assigned to do the opening to fill in the blanks for their presentation with things they have learned as a Cub Scout. This could be shooting a bow and arrow, setting up a tent, cooking silver turtles, tying a square knot, or any other activity. Let each boy select his line so that he has ownership. Have the den practice the skit for timing.

If using the alternate closing, make several small starfish out of poster board. Be sure the assistant Cubmaster knows, has practiced, and is prepared for the closing. (See the resources at end of this meeting plan.)

Have poster boards hung around the meeting area for the gathering activity. Help the Cub Scouts and leaders set up tables with items the dens will be sharing with the pack.

GATHERING

Give each person present a 3-by-5-inch card and pen, pencil, or crayon. Have them write down a challenge they have had and explain how they beat that challenge. Post all cards around the room on the poster boards.

OPENING

The preassigned den presents the colors and leads the pack in the Pledge of Allegiance.

We Can Do It Opening Ceremony

Have Cub Scouts stand in front in a line.

ALL: We can do it, yes we can. If we can’t do it, nobody can.
CUB SCOUT 1: I can ______________________________________.
CUB SCOUT 2: I can ______________________________________.
CUB SCOUT 3: I can ______________________________________.
CUB SCOUT 4: I can ______________________________________.
CUB SCOUT 5: I can ______________________________________.
CUB SCOUT 6: I can ______________________________________.
CUB SCOUT 7: I can ______________________________________.
CUB SCOUT 8: I can ______________________________________.
ALL: We are Cub Scouts, yes we are. With a positive attitude, we’ll go far.

The Cubmaster leads pack in the Yes I Can cheer. Divide the room in half. One side is instructed to yell “Yes” and the other side is instructed to yell “I can” when the Cubmaster points at them. The Cubmaster alternates between pointing at the “yes” group and the “I can” group, so the room is yelling, “Yes I can!”
**Prayer (Cub Scout or Leader)**

Thank you for helping us to see that we can accomplish anything we put our mind too. Please help us to set our minds to look for and find the best in all situations.

**Welcome and Introductions**

The Cubmaster welcomes new families and special guests, introduces them to the pack, and thanks those who helped prepare for the pack meeting.

**PROGRAM**

**Den Demonstrations**

Call each den to the front of the room to talk about their adventures during the last month.

Thank all dens for their participation. Give each boy and den leader a bookmark that says “Yes I Can.” (See the resources at the end of this meeting plan.) Direct everyone to look at all of the things they have overcome that are posted around the room.

CUBMASTER: Thank you for your participation today. If you look around the room, you will see signs that yes, you can do anything if you put your mind to it and have a positive attitude.

**Audience Participation**

Divide the group into three sections and sing in the round. Either project the words overhead or post on butcher paper for all to see. (Sing three times in the round.)

Yes I Can
(Sung to the tune of “Row, Row, Row Your Boat”)
Yes, I can do great things,
I only have to try.
With a positive attitude,
I can reach the sky.

**RECOGNITION**

**Let the Compass Guide You**

Equipment: You will need a compass made of heavy cardboard. Place it in front on the advancement table.

CUBMASTER: We look to the compass as a guide. To the east, we find a Cub Scout ready for his Bobcat badge. Will (Scout’s name) and his parents come forward. *(Present the award.)* He brings his eagerness like the dawn of a new day. To the south is the Wolf with his spirit of adventure. Will (Scout’s name) and his parents come forward. *(Present the award.)* To the west is a Bear hunting on the trail of Scouting. Will (Scout’s name) and his parents come forward. *(Present the award.)* To the north is the Webelos Scout, about to realize his boyhood dreams, alive with Scout action. Will (Scout’s name) and his parents come forward. *(Present the award.)*

Let the compass guide all of you on your trails, and may you all carry into your adult lives the ideals of Scouting. Cub Scouts, you have done well because of your positive “yes I can” attitude. Pack, let’s give these fellow Cub Scouts a Positive Attitude cheer to recognize their accomplishments.

Cubmaster leads the pack in the Positive Attitude cheer. Divide the group in half. Assign half the pack to yell “Positive” and the other half to yell “Attitude” when the Cubmaster points at them.
CLOSING

Cubmaster’s Minute

Gentlemen, one of the hardest things for anyone to do is try something new. The challenge is to keep trying. A Yes I Can attitude will take you far in this world. Whenever you are discouraged because something is difficult, remember that if you think you can, you will. Don’t just think you can; know you can because you can. Thomas Jefferson, one of our founding fathers and the third president of the United States, said, “Nothing can stop the man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude.” So let’s all practice having a positive attitude each and every day because it is the right mental attitude to have.

CLOSING CEREMONY

Have Cub Scouts stand in order and hold up cards displaying their slogans (the words in capital letters below) as they say their lines.

CUB SCOUT 1: DO YOUR BEST in everything you do on life’s way.
CUB SCOUT 2: ALWAYS BE FRIENDLY to brighten others’ day.
CUB SCOUT 3: GIVE AWAY YOUR SMILES, for it is rewarding indeed.
CUB SCOUT 4: BE PREpared to help others in their daily need.
CUB SCOUT 5: BE HONEST AND SINCERE toward others you meet.
CUB SCOUT 6: BE LOYAL AND TRUE, a most commendable feat.
CUB SCOUT 7: COUNT YOUR BLESSINGS, being thankful for each day, for life’s wonderful opportunities that come your way.
CUB SCOUT 8: YES I CAN!!
CUB SCOUT 9: Good night to each and every one of you. May these thoughts stay with you your whole life through.

The preassigned den retires the colors.

RESOURCES

Optional Closing

ASSISTANT CUBMASTER: Hey ____________________________ , what are you doing?

CUBMASTER: I’m throwing these starfish back into the ocean. You see, it’s low tide right now, and all of these starfish have been washed up onto the shore. If I don’t throw them back into the sea, they’ll die from lack of oxygen.

ASSISTANT CUBMASTER: I understand, but there must be thousands of starfish on this beach. You can’t possibly get to all of them. There are simply too many. And don’t you realize this is probably happening along hundreds of beaches up and down this coast? Can’t you see it will be impossible for you to make a difference?

CUBMASTER (picking up another starfish and throwing it out into the ocean): I made a difference to that one!
**Optional Audience Participation: There Ain’t No Flies on Me**

Divide the group in half. The first half will shout at the top of their lungs, pointing at themselves when they say “me” and pointing at the other group when they say “you guys.”

_There ain’t no flies on me_
_There ain’t no flies on me_
_There might be flies on some of you guys_
_But there ain’t no flies on me._

The second group replies in kind, trying to be louder than the first. Do this back and forth a few times.

**Den Demonstration Prize**

Print the following template on cardstock to make bookmarks. Punch a hole in the top end and tie a ribbon through it if you would like.

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**YES I CAN!**

**YES I CAN!**

**YES I CAN!**