

LESSON 4 Wrap-Up!

SCOUTStrong

Be MedWise Award



— **Being MedWise** —

Helps Us Use Over-the-Counter
Medications Wisely



BOY SCOUTS OF AMERICA®

EDUCATE *before*
YOU MEDICATE
The NCPiE
Coalition working
together to promote
safe medicine use
National Council on Patient Information/ and Education
www.talkaboutrx.org



SCOUTStrong “Be MedWise” Award Overview

The Boy Scouts of America and the National Council on Patient Information and Education (NCPIE) developed the SCOUTStrong “Be MedWise” Award as an interactive way to educate members of the Boy Scouts program, the Venturing program and American youth in general about the benefits of over-the-counter (OTC) medicines and the harm that they can cause if they are misused.

This award is designed to compliment existing Boy Scout and Venturing programming. This award’s training curriculum consists of four lessons that could be reviewed at the start of a unit meeting, taking no more than 12 to 15 minutes each. The program is self-paced which allows the unit leader to determine how quickly it is completed.

This curriculum has been prepared specifically for ages 11-17 and each lesson must be followed specifically as written.

**LESSON 4 TIMING: 12-15 MIN**

WRAP-UP

It Is Important:

- To follow the information on the Drug Facts label.
- For children and adolescents to get permission from an adult before using any medicine.
- To use the measuring device that comes with the medicine.
- To choose a medicine that treats symptoms or problems you have.
- To make sure you don't use two medicines with the same active ingredient.
- To read, understand, and follow the Drug Facts label instructions every time an OTC medicine is used.
- To understand the kinds of problems and symptoms OTC medicines can treat.
- To know how to get more information about OTC medicines.
- To keep an up-to-date record of all medicines and dietary supplements you use.
- To know OTC medicines are serious medicines that must be taken with care.

ACTIVITY: WRAP-UP EXERCISE

With the participants, review the Teaching Points for the Wrap-Up exercise. Then pass out the Lesson 4 - Wrap Up Exercise PDF which is located at www.scouting.org/SCOUTStrong (click on the Be MedWise icon). The Lesson 4 - Wrap Up Exercise Answer Guide PDF is also located here.

Ask participants to answer the questions individually. Then ask for a volunteer to read a question and then have the group determine the correct answer. Have the participants compare their responses with the correct answers.



About NCPIE

Organized in 1982, the National Council on Patient Information and Education (NCPIE) is a nonprofit coalition of diverse organizations committed to promoting the wise use of medicines for better health through trusted communication. NCPIE works to address critical safe medicine use issues such as adherence improvement, prescription drug abuse prevention, reduction of medication errors, and quality improvements in health care provider-patient communication. For more information, visit www.BeMedWise.org



Prepared. For Life.®

About the Boy Scouts of America

The Boy Scouts of America provides the nation's foremost youth program of character development and values-based leadership training, which helps young people be "Prepared. For Life." The Scouting organization is composed of 2.6 million youth members between the ages of 7 and 21 and more than a million volunteers in local councils throughout the United States and its territories. For more information on the Boy Scouts of America, please visit www.scouting.org



About the SCOUTStrong Healthy Living Initiative

The SCOUTStrong® Healthy Living Initiative is a Boy Scouts of America initiative that integrates active lifestyles, healthy eating, and emotional fitness into everything that the BSA does through alliances, campaigns, and updated programs.



About the SCOUTStrong Be MedWise Patch

In many other cultures, owls represent wisdom and knowledge because their night-time vigilance is associated with that of the studious scholar or wise elder. The owl in the Be MedWise patch is shown clutching a shield with a medicine pill on it. This is meant to represent the knowledge needed to make wise and safe choices in medicating with over-the-counter medicines.