

Be Medwise Award LESSON 3 – Activity 2



WHAT'S ON THE LABEL

All nonprescription, over-the-counter (OTC) medicine labels have detailed usage and warning information so consumers can properly choose and use the products.

Below is an example of what the new OTC medicine label looks like.

Purpose

ACTIVE INGREDIENT

Therapeutic substance in product; amount of active ingredient per unit

USES

Symptoms or diseases the product will treat or prevent

WARNINGS

When not to use the product; conditions that may require advice from a doctor before taking the product; possible interactions or side effects; when to stop taking the product and when to contact a doctor; if you are pregnant or breastfeeding, seek guidance from a health care professional; keep product out of children's reach

PURPOSE

Product action or category (such as an antihistamine, antacid, or cough suppressant)

DIRECTIONS

Specific age categories, how much to take, how to take, and how often and how long to take

OTHER INFORMATION

How to store the product properly and required information about certain ingredients (such as the amount of calcium, potassium, or sodium the product contains)

INACTIVE INGREDIENTS

Warnings

ask a doctor before use if you have

glaucoma

a breathing problem such as emphysema or chronic bronchilis

a loude unraining due to an enaliged prostate gland

ask a doctor or pharmaciat before use if you are taking tranquitzers or sedative

Union using this groduct

Pregnant or breast-feeding, ask a health professional before use seep out of reach of children. In case of overdose, get medical help or contact a Poison control Center right away.

Other information store at 20-25°C (68-77°F) sprotect from excessive moisture

Inactive ingredients D&C yellow no. 10, lactose, magnesium stearate, microcrystroellulose, progelatinized starch

take 1 tablet every 4 to 6 hours; not more than 6 tablets in 24 hours

take 1/2 tablet every 4 to 6 hours; not more than 3 tablets in 24 hours

was a octoro or pnarmecist before use if you are taking tranque When using this product a you may get drowy a world alcoholic drinks a your may get drowy a world alcoholic drinks a world alcoholic drinks, and tranquitizers may increase drowsiness at the careful when driving a overheld or operating machinery as octability may occur, especially in children in the careful when the control of the careful when driving a control of the careful when driving a control of the careful when the careful wh

ions its and children 12 years and over

children 6 years to under 12 years

children under 6 years

Prug Facts Active ingredient (in each tablet)

> Substances such as colors or flavors

The Drug Facts labeling requirements do not apply to dietary supplements, which are regulated as food products, and are labeled with a Supplement Facts panel.



For more information visit: www.fda.gov/cder or call 1-888-INFO-FDA U.S. Department of Health and Human Services **Food and Drug Administration**

